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News Release 2009-2

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LITHIC INTERSECTS 16.76 METRES OF 0.432% MoS₂ AT CRYPTO

Lithic Resources Ltd. (LTH-TSX Venture) (the "Company") is pleased to report additional molybdenum assay results from its Crypto skarn-hosted zinc-indium-copper-molybdenum project located in western Utah. Hole C08-13A was drilled into a large gap in historical drill coverage within the deep sulphide zone and essentially constituted a 70 metre step-out from historical hole CCC-6A. Hole C08-14 was drilled as a 100 metre westerly stepout from the margin of the deep sulphide zone. Zinc, copper and indium results for these holes will be published shortly.

Highlights

- a 36.58 metre wide intercept of skarn-hosted molybdenite mineralization grading 0.287% MoS₂ in hole C08-14, including an interval grading 0.432% MoS₂ over 16.76 metres
- several intercepts of skarn and intrusive hosted molybdenite mineralization grading better than 0.1% MoS₂ in hole C08-13A, including 11.28 metres at 0.232% MoS₂,

The following table lists the more significant intersections for these holes:

| Hole | From (m) | To (m) | Metres | % MoS ₂ |
|---------|----------|--------|--------|--------------------|
| C08-13A | 712.32 | 725.42 | 13.10 | 0.157 |
| и и | 759.26 | 763.83 | 4.57 | 0.114 |
| и и | 779.68 | 807.11 | 27.43 | 0.150 |
| incl | 795.83 | 807.11 | 11.28 | 0.232 |
| C08-14 | 499.26 | 535.84 | 36.58 | 0.287 |
| incl | 514.35 | 531.11 | 16.76 | 0.432 |
| C08-14 | 721.00 | 732.43 | 11.43 | 0.228 |

Molybdenite mineralization at Crypto has been found over an area of about 500 metres by 300 metres, both as disseminations in skarn and in porphyry-style quartz-pyrite veinlets in clay-altered quartz monzonite. Its widespread distribution suggests that zinc-indium-copper and silver-lead mineralization on the Crypto property may represent classic peripheral mineralization associated with a large, underlying, zoned porphyry molybdenum system, the core of which remains to be found.

Since a number of current and historical molybdenite-bearing intercepts are relatively high grade, the possibility also exists of a relatively small but high grade and high value molybdenum deposit which could be mineable through a single shaft, were it to be developed, on the zinc-indium-copper skarn deposit. Either case represents a prime objective for further drilling on the property.

Chris Staargaard, M.Sc., P.Geo., is the Qualified Person for Lithic and has reviewed and approved the contents of this news release. A plan and selected sections illustrating the locations of holes reported to date are available at www.lithicresources.com.

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The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.